



## Sleep Beneath His Promises

### Learning Rest from the Psalms

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On some nights, as the lights go off and the house grows quiet, a restful hush seems to descend on everything around us — but not on us. We lie on our bed like Gideon's fleece, the only dry spot in a world bedewed with sleep.

A thousand thoughts may keep us awake when all around us rests. Thoughts of work unfinished and questions unanswered. Thoughts of living sorrows and dead comforts. Thoughts of last day's regrets and next day's needs.

Falling asleep may seem simple enough. "All it takes," writes sleep researcher Nancy Hamilton, "is a tired body and a quiet mind" (*The Depression Cure*, 207). Yet the second half of that equation sometimes feels like a wish beyond reach. We might sooner touch the moon.

Our Lord "gives to his beloved sleep," Solomon assures us (Psalm 127:2). But on nights such as these, we can hold the gift in helpless hands, wondering how to unwrap it.

#### Calm and Quiet Mind

The psalmists knew just how easily cares, sorrows, and mysterious causes could chase the sleep from their eyes. They, like us, had lain for long hours on their beds, thoughts churning (Psalm 77:1-3). They had watched many moons roll slowly across the sky (Psalm 22:2). They knew that sometimes, for good and kind reasons, the God who gives to his beloved sleep also takes from his beloved sleep.

And yet, Solomon and David and the other psalmists also knew that sleep really was possible, even on the most unlikely nights. Even when hunted in the wilderness (Psalm 3:5), or sunk down in sorrow (Psalm 42:8), or consumed with thoughts of life's half-finished buildings (Psalm 127:1-2), they had experienced the wonder of laying their cares before their God, and laying themselves down to sleep. The psalmists knew that a quiet mind could be theirs, even when a quiet life was not.

No doubt, a quiet mind comes, in part, from simple wisdom: if we drink coffee in the late afternoon, or try to sleep in the afterglow of our smartphones, we should not be surprised to find ourselves still awake at midnight. But ultimately, the Psalms remind us that a quiet mind comes from the hand of our sleep-giving God, who nightly draws near to our beds as the Lord who is our shield, our shepherd, our comfort, our life.

#### The Lord Is Your Shield

I lay down and slept; I woke again, for the Lord sustained me. (Psalm 3:5)

The David of Psalm 3 had every reason to be anxious, every reason to lie down on a bed of cares. Chased from Jerusalem by a treacherous son, he now ran through the wilderness, hunted like a beast (Psalm 3:1-2). I can scarcely imagine a scenario less hospitable to sleep. Yet sleep David did, and apparently without much trouble: "I lay down and slept," he says (Psalm 3:5). But how?



David's words just before these shed particularly helpful light on the faith that sent him to sleep:  
I cried aloud to the Lord,  
and he answered me from his holy hill. (Psalm 3:4)

David, king of Israel, was used to reigning on the holy hill of Jerusalem. He once sat atop that hill with tremendous authority, royal power. Yet David knows that even when his own throne sits empty, or occupied by a rebel son, God's throne is always and ever full. David didn't need to reign on his throne in order to sleep; he just needed God to reign on *his*. If only God was on his holy hill — his character sure, his covenant firm — then David could sleep in the wilderness.

We may lie down tonight in some wilderness of helplessness, hunted by cares far beyond our control. We may feel utterly vulnerable before some dark and brooding uncertainty — some coming diagnosis, some job insecurity, some relational conflict with much at stake. But even then, our God still sits with crown and scepter, his holy hill untouched. He is, by night, "a shield about me," and by morning, "the lifter of my head" (Psalm 3:3). Our cares may be many and close; our God is mighty and closer.

### The Lord Is Your Shepherd

The Lord is my shepherd; I shall not want.

He makes me lie down in green pastures. (Psalm 23:1–2)

In his helpful little book *And So to Bed . . .*, Adrian Reynolds notes that sheep lie down for only one reason: to rest or sleep (35). Picture, then, those familiar green pastures of Psalm 23 dotted with mounds of dozing wool, at rest beneath a shepherd whose faithful care assures them, "I shall not want" (Psalm 23:1).

How many restless nights find their source in the deep-down fear that we shall, in fact, want — that the new morning will not bring new mercies, that tomorrow's bread will not come? How often does our lonely ruminating suggest that we do not trust the Lord to be our shepherd? How strange and sad it would be to see a sheep anxious and fearful beside the rod and staff, bleating as if it walked alone. Yet so I often am.

### The Lord Is Your Comfort

He determines the number of the stars; he gives to all of them their names. (Psalm 147:4)

Among the many kinds of restlessness the psalmists bring to their beds, the restlessness of sorrow may be the most common. Throughout the Psalms, we read of midnight weepers (Psalm 30:5), of wakeful, comfortless souls (Psalm 77:1–2), of saints whose tears stain their sheets (Psalm 6:6). Sorrow often makes for a sleepless heart.

In such moments, God's voice in creation joins his voice in Scripture to speak comfort over our pain. Turn, then, and look out your window. Can you see a hundred burning stars — and imagine beyond them billions more? Your God "determines the number of the stars; he gives to all of them their names" (Psalm 147:4). Such a thought might, at first, make us feel smaller than ever, our broken hearts too humble for God's notice. But the psalmist draws the opposite application: if God names the very stars — these background props of creation — then he has certainly not lost sight of his dear people's sorrows (Psalm 147:3; Isaiah 40:26–27).

Such a promise, shining from every star above, can become the song that sends us to sleep.

### The Lord Is Your Life

As for me, I shall behold your face in righteousness; when I awake, I shall be satisfied with your likeness. (Psalm 17:15)

Someday, if Jesus should tarry, we will shut our eyes one final time, never to awake again in this world. The psalmists keenly felt the coming of this last sleep. But they were also given glimpses, however small, of something past this sleep. When David sings of a waking that will show him "your face . . . your likeness," he sings of a waking beyond this world, a morning only heaven could make (see also Isaiah 26:19; Daniel 12:2).

God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, who died for us so that whether we are awake or asleep we might live with him. (1 Thessalonians 5:9–10)

As we go to sleep tonight, our Lord's hands are ready to hold us safe. And in the hollow of his hands is a quiet that can calm the loudest mind, waking or sleeping, living or dying. Because even if this sleep should be our last, our eyes will open once again — not now upon the face of spouse or children, but upon the face of him who for ten thousand nights has been our shield, our shepherd, our comfort, and now our everlasting life.

# Mike's Musings

by Mike Amos

"When the ten disciples heard this, they became indignant with the two brothers. Jesus called them over and said, "You know that the rulers of the Gentiles lord it over them, and those in high positions act as tyrants over them. It must not be like that among you. On the contrary, whoever wants to become great among you must be your servant, and whoever wants to be first among you must be your slave; just as the Son of Man came not to be served but to serve, and to give his life as a ransom for many." - Matthew 20:24-28

Jesus' life reflected this statement. He was a humble servant of God and a perfect example for us. Even at the last supper, Jesus washed the disciples' feet (John 13). It was a sign of humility and a great reflection of his servant's heart.

As Christians, we are to follow Jesus' example. The definition of Christian is a person who believes in Jesus Christ and a person who exemplifies in their life the teachings of Christ.

How does your life exemplify Jesus' life? Surely, we all want to answer yes to this question or at the very least, I am working on it.

Are you serving others? Why not? A normal reason is "I haven't been asked." If that sounds like you, consider yourself asked.

There are all kinds of service opportunities at the church. What are your talents? Are you outgoing? You could be a greeter. Are you an introvert? You could set up community trays and usher. Do you like to work with kids? You could volunteer for children's church or youth group on Sunday night.

Why is it important for you to volunteer? Volunteering is going to introduce you to people in the church that you might not know very well. We have some great folks and volunteering will allow you to get to know some of those great people better. Volunteering will help you feel more connected to the Body of Christ and the mission that God has for our church. Volunteering can stretch your faith as you see what God does through you. Volunteering can help you find more of God's joy by helping others and making a difference in other peoples' lives.

In 1 Corinthians 12, Paul talks about unity yet diversity in the Body of Christ. We are all different individually but God has put our church together, so that we can function as one body. Just like our bodies are made up of different parts, they all work together to help our bodies' function. It takes all of us to make the Body of Christ function well. God did not bring you to FCCB to be a spectator. He wants you to serve and use the talents that He made in you to further the kingdom of God.

If you are not sure where to serve, come visit with me anything and I bet we can come up with the perfect place for you to get plugged in!

Be Blessed

Mike

# Elder's Corner

by Bob Meador

As I get older, I find myself reminiscing on past events in my life, and what I used to get really excited about. At this time of the year, school was already out, so it didn't mean we got a holiday from school, but celebrating the 4<sup>th</sup> of July was an exciting time for us kids. We couldn't wait to see something explode in the night sky. My Dad or an Uncle would wait until the last minute to buy fireworks and then make us wait until it was dark before we drove outside the city limits, along some stretch of highway where we just knew we'd be the only family. And lo and behold, every other family in our whole neighborhood had the same idea. What a great time, watching all the fireworks explode, all along the road, as each family lit up the night sky. Then...it was over and strangely quiet. Time to head back home and get ready for bed, but we knew we'd be doing it all over again next year.

There is a day coming, that I cannot relate to, because I've never experienced it before, but I've been told it will be a very exciting event and I am anxious about what the whole experience will be like. My expectations, thoughts, emotions and hope are best described in a song, written by Bart Millard and sung by MercyMe..."I Can Only Imagine". I get goose bumps every time I hear it and I am filled with joyous anticipation of what is to come.

I can only imagine what it will be like, when I walk by Your side.

I can only imagine what my eyes will see, when Your face is before me.

I can only imagine

Surrounded by Your glory, what will my heart feel?

Will I dance for you Jesus, or in awe of You be still?

Will I stand in your presence, or to my knees will I fall?

Will I sing hallelujah, will I be able to speak at all?

I can only imagine

I can only imagine when that day comes, when I find myself standing in the Son.

I can only imagine when all I would do is forever, forever worship You.

I can only imagine

# Prayer Ministry

by Murray Trotta

**PLEASE MARK YOUR CALENDAR**

**July 2<sup>nd</sup>**

## **First Sunday Prayer and Praise**

Come to the Sanctuary at the usual time, 5:30 to 6:00p

Join us for prayer and praise

Take home a Prayer Journal

If you have questions please contact anyone on the  
Prayer Ministry Team

<b>Betty Mills</b>	<b>904 233-1165</b>
<b>Gary Grider</b>	<b>904 463-4606</b>
<b>John Campbell</b>	<b>904 651-2820</b>
<b>Murray Trotta</b>	<b>904 635-6066</b>
<b>Rita Vernon</b>	<b>904 386-7888</b>
<b>Susan Amos</b>	<b>806 679-8017</b>

**“...praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints ...” Ephesians 6:18 (ESV)**

# Mission Moment

by Barbara Lynn, Mission Team Leader



Back to School with BEAM helps beaches area children ages Pre-k-12<sup>th</sup> grade with needed school supplies and clothing. This year's event will be held **in person on Saturday, July 29 at Beach Church, 325 7<sup>th</sup> Ave. North, Jacksonville Beach.**

*How can you help?*

- ✓ **Donate *new and gently used school-appropriate*** clothing and shoes for children in grades K-12. Specifically:

- Boys sizes 5-18 & young men's clothing
- Girls sizes 5-16 & young women's clothing
- Polo shirts in white, green, and navy blue for use as school uniforms
- Accessories (belts, hats, hair accessories, scarves)
- Shoes in children, young men & young women sizes

Clothing donations should be dropped off by July 23, 2023, at BEAM's 7<sup>th</sup> Avenue North Thrift Store Donation Center located behind the store at 318 7<sup>th</sup> Avenue North, Jacksonville Beach. **Specify the donations are for Back to School with BEAM. To make a Monetary Donation visit [www.jaxbeam.org/donate](http://www.jaxbeam.org/donate) and specify "Back to School Fund".**

- ✓ **To learn more or to get involved in this event**, please contact Sandy Jenkin at [sandy@jaxbeam.org](mailto:sandy@jaxbeam.org) or visit our SignUpGenius site to volunteer at this event: <https://www.signupgenius.com/go/10c0d4eada628a0f9c07-back2#/>
- ✓ **Make a Monetary Donation**, please visit [www.jaxbeam.org/donate](http://www.jaxbeam.org/donate) and specify "Back to School Fund". These donations will be used to purchase school supplies and new underwear for distribution at the event.
- ✓ **Need help?**

Pre-school through high school students living in or having a parent working in zip codes 32082, 32224, 32233, 32250, 32266 and 32227 are eligible.

***Registration is required for this year's event. Call 904-241-2326.***

# Stewardship

by Bill Gowen

## Saving and Investing

Joseph wisely counseled Pharaoh to store up grain while it was available so that Egypt could draw on these resources in more difficult times (Gen. 41:33-36).

The Proverbs use the ant to illustrate the wisdom of gathering and storing provisions for future needs (Prov. 6:6-11; 30:24-25; cf. 13:11,22; 21:20; 22:3).

Saving requires the discipline of limiting present expenditures to provide for future needs. ***Denial is not popular in a culture that tells us to indulge our appetites, but Scripture counsels us to pursue a path of moderation and self-control (Prov. 21:17; 23:20-21; 24:27).***

Savings are beneficial because they provide a reserve that can be used to pay for unexpected expenses and assist others in special needs. They also enable us to make major purchases without going into debt and paying interest. In addition, savings provide a resource for making investments. However, we should be aware of the built-in danger in savings and investments: they tempt us to put our trust and affection in them rather than God.

Believers should never "fix their hope on the uncertainty of riches, but on God, who richly supplies us with all things to enjoy" (1 Tim. 6:17; 6:10).

"He who trusts in his riches will fall" (Prov. 11:28a).

# Seniors on a Mission

by Allen Wankat

Seniors on a Mission now helps seniors learn how to better use their cell phones and tablets at many locations around Jacksonville. If you need help or if you would like to help others, please contact Rev. Howard McMinn at 904-258-1075. You do not have to be an expert to help; you just need to be comfortable with your phone and have patience. Church contact is Allen Wankat at 904-635-3202.

During June, the Seniors group at Beach just completed an "on the job" small-group training session to help with the United Way Poverty Simulation Project. The group was joined by volunteers and employees from Beaches Chapel, SoAM, and United Way, who guided us through the process. At this time, no new activities are scheduled.

If interested, please send an e-mail to [wankat\\_m@yahoo.com](mailto:wankat_m@yahoo.com)

# Library News

by Carole Moore

Church Library and Bible Study Center

Over the past several months, Jerri Derlikowski has worked to adjust our library to be more useful. She has designed a narrow focus for our library that will support Bible study rather than offer the many broad topics that have filled our shelves. You may have noticed the quantity of books she pulled off the shelves that were moved to the stage to be sold. In addition, she and I have worked off and on to weed (remove the less desirable items) the remaining books to reduce the quantity and select the best we have.

This past week, I weeded three more sections and was impressed by the titles we have that directly address topics of Christian family life. We have books on single parenting, teen sexuality, nurturing a child's spiritual growth, developing a child's emotional health, marriage, understanding and supporting someone returning from military service, understanding and caring for aging parents, approaching the need for a parent to move into assisted care, and more. Next time you find yourself confronted with one of these situations, you may find help in our little library.

# Notes from Nancy

by Nancy Barrett

July will be the month the choir sits in the congregation, travels, has a month off on Wednesday rehearsals. The congregation will enjoy special music each Sunday in the 9:00 service including Gospel Celebration Quartet, Susan Amos, Gene Nordan, Ian Bula, Debrann Johnston. Our church is blessed with such talented Christian vocalists. We look forward to being back in the choir loft August 6. Choir rehearsals will begin August 2 at 6:30.

A FAIR and GLORIOUS GIFT by Martin Luther

I wish to see all parts, principally music, in the service of Him who gave and created them. Music is a fair and glorious gift of God. I would not for the world forego my humble share of music. Singers are never sorrowful, but are merry, and smile through their troubles in song. Music makes people kinder, gentler, more staid and reasonable. I am strongly persuaded that after theology there is no art than can be placed on a level with music; for besides theology, music is the only art capable of affording peace and joy of the heart ...the devil flees before the sound of music almost as much as before the Word of God.

by Martin Luther as printed on the page preceding our first song in our FCCB hymnal



# Christian Women's Fellowship

by Betty Chinnis

Christian Women's Fellowship meets on the fourth Tuesday of each month at 10:00 am in the second floor ocean-view room.

## Officers:

Jeanie Peters, President

Pam Mangine, Vice President

Rebecca Zellars, Secretary

Bobbie Marcum, Treasurer

Lois Kelly, Study Leader

Barbara Lynn, Service Leader

## What Happens at Our meetings?

- The meetings are opened with a devotion, followed by our study, which is currently from the book, "How Did I Get Here" by Christine Caine. Members take turns presenting a chapter each month.
- An offering is collected with contributions made to various non-profit organizations throughout the year. Local organizations such as B.E.A.M., First Coast Women's Services, Hubbard House, Canines for Companions, Salvation Army and others have been supported by these contributions.
- Reports from various committees are given.
- Prayer requests are made, followed by prayer.

If you have never attended a meeting, we would love to have you join us on July 25<sup>th</sup>. (I forgot to mention – we socialize and have a fun time!)

Betty Chinnis

## New Women's Christian Book Study

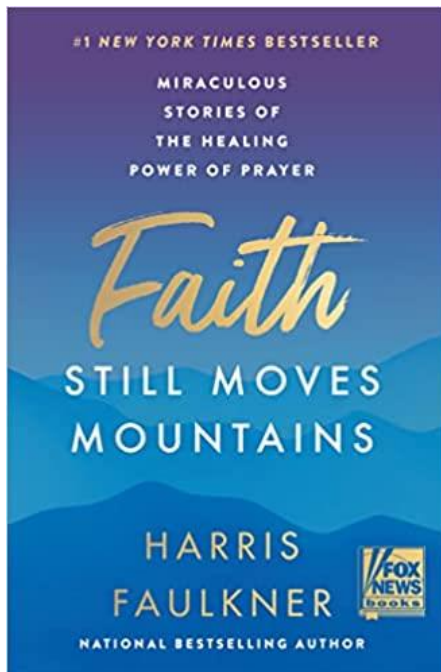
Would you like to make new Christian friends and participate in a Christian book study to gain insight into your Christian walk? That is precisely the hope of a new Christian book study at First Christian Church of the Beaches which started **on Tuesday, May 23, 6:30-8:00 pm**, and will meet on the fourth Tuesday of each month, the next being on June 27. It is held **upstairs in Room 203**, and will initially be led by Jacqui Suarez and hopefully will be led by other group members alternating each meeting. This book study group will begin by reading and discussing Harris Faulkner's "Faith Still Moves Mountains: Miraculous Stories of the Healing Power of Prayer." Faulkner is a six-time Emmy award-winning anchor of Fox News since 2005 and a nationally bestselling author who currently anchors two daily daytime programs – The Faulkner Focus and the co-anchor of Outnumbered.

Please come and be prepared to talk about the first couple of chapters by reading them and answering the related questions in the workbook. The books and workbooks are available at BJ's (\$19.99), Amazon (the hardcover book is \$14.76, and Kindle is \$15.00, the workbook is \$9.99), and Christianbook.com (\$26.09 for a hardcover book). **The next class is June 27<sup>th</sup>.**

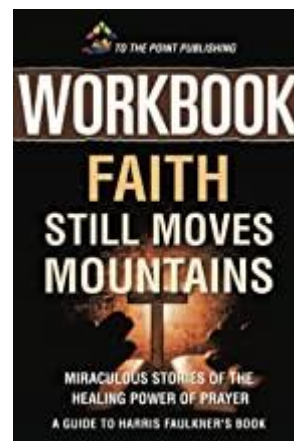
Please feel free to call me if you have any questions or let me know if you need the link to Amazon, to purchase the books, I will email it to you.

Best,

Jacqui Suarez  
(904) 294-0969



Study Book



Workbook

# Campus Activities

**Sunday nights FCCB Kids, grades K-5, (do not meet again until Fall 2023)**

**Sunday nights FCCB Students, grades 6-12, meet, 5:30-7:00 (dinner provided) at the Beach Barn (and will continue through the Summer)**

**Sunday School Classes, 10:00am**

**FIRST SUNDAY PRAYER AND PRAISE, from 5:30pm-6:00pm, (every 1<sup>st</sup> Sunday of each month), there will be an informal prayer time, to pray for the church, community, and each other. Please meet in the Sanctuary, The Prayer Ministry Team will be there to greet you.**

**Tuesday Mornings at 9:00 Stretching and Toning Class, in Fellowship Hall.**

## **Shape Up for Summer**

Summer is here, so it's a good time to stretch and tone those winter muscles.

FCCB is fortunate to have Deb Goin, a Senior Fitness Specialist and E-RYT (experienced registered yoga teacher), who leads our Stretch & Tone class. The class is held every Tuesday at 9:00 a.m. in Fellowship Hall. It is suitable for all fitness levels (and for both men & women) and offers exercises for strength, flexibility, and balance.

Start your summer off right and join us. Class begins with a Bible verse and prayer followed by a fun hour of exercise. Deb volunteers her time. A \$5 donation is suggested but not required. We look forward to seeing you there!

**Tuesday Night Bible Study with Don Lynn, 6:30-7:30 (starts back in the Fall)**

**Wednesday Night Dinners \_\_\_\_\_ 5:30 (starts back in the Fall)**

**Bible Study \_\_\_\_\_ 6:30 (starts back in the Fall)**

**Choir Practice 6:30pm**

**Christian Women's Fellowship meets on the 4<sup>th</sup> Tuesday each month at 10:00am in the Ocean Front classroom upstairs. All the ladies of the church are welcome to join us.**

**Women's Christian Book Study, started Tuesday, May 23<sup>rd</sup> 6:30pm-8:00pm, upstairs room 203 and is held on the 4<sup>th</sup> Tuesday of each month.**

## **AA Meetings held at FCCB on Mon, Tue, Thu, & Sat. Nights**

Monday 7:00pm-8:00pm "Hooked on Sobriety" Mens' Group upstairs

Tuesday 7:00pm-8:00pm "I Am Responsible Group" upstairs

Thursday 6:00pm-7:00pm "7-11 Meditation Group" upstairs

Thursday 8:00pm-9:30pm "Young People Group" downstairs in Fellowship Hall

Saturday 5:30pm-8:00pm "Young People Group" downstairs in Fellowship Hall

## Points of Contact 2023

### Council of Elders

Rita Vernon, Lead Elder [ritavern@gmail.com](mailto:ritavern@gmail.com)  
Don Lynn, Chair [donrlynn@gmail.com](mailto:donrlynn@gmail.com)  
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### Leadership Council

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Pastor Nathan Loewen – Ex Officio [nathan.loewen@fc2b.org](mailto:nathan.loewen@fc2b.org)

### Body of Trustees

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Bob Meador [mkmrcm@comcast.net](mailto:mkmrcm@comcast.net)  
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Pastor Nathan Loewen-Ex Officio [nathan.loewen@fc2b.org](mailto:nathan.loewen@fc2b.org)

### Ministry Heads \*Denotes COE Contact

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Evangelism, Tom Trotta [tntbeaches@comcast.net](mailto:tntbeaches@comcast.net)  
Fellowship, Ruth Stiehl [ruth.stiehl@hueman.com](mailto:ruth.stiehl@hueman.com)  
Missions, Barbara Lynn [barbaraclynn@gmail.com](mailto:barbaraclynn@gmail.com)  
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Stewardship, Bill Gowen [folkstongowen@gmail.com](mailto:folkstongowen@gmail.com)  
Director of Student Ministry, John Madison [John.madison@fc2b.org](mailto:John.madison@fc2b.org)  
Worship, \*Pam Mangine [minemangine@yahoo.com](mailto:minemangine@yahoo.com)  
Worship Chairs, Brenda Snyder [beachjazzier@gmail.com](mailto:beachjazzier@gmail.com) /

**Serving opportunities are coming your way!**



Speaking of serving, we have lots of opportunities with the kids and the youth.

We are also needing help with our Sunday Teams. If you are a behind-the-scenes person, you can help with set up and tear down at the 8am service or as a server in the 9am and 11am services. If you are a people person, we need greeters at all three services on Sunday.

If you have any questions or are interested in serving, please contact Pastor Mike. [mike.amos@fc2b.org](mailto:mike.amos@fc2b.org)

## **FC2B**

### **Sunday Team**

#### **Volunteer Description**

##### **Greeters**

**Need:** 2 people for all three services. Looking for out-going people who like to smile and have never met a stranger.

**Purpose:** To be the first smile that people encounter as they visit our church. We host people in our church, so we want to be welcoming and accommodating.

##### **Duties Include:**

- Check to make sure there are enough cards and envelopes in the pews.
- Greet visitors and pass out bulletins.
- Direct people with questions to the Pastors or Elders.

##### **Communion Prep/Ushers**

**Need:** 2 people for both the 9am and 11am services. Looking for people who will want to work behind the scenes and will get things done the right way.

**Purpose:** Handle most of the aspects of communion on Sundays.

##### **Duties Include:**

- Ensure that the candles are full of oil and are lit.
- Prepare the communion trays for the worship service including the tray for the worship team at 11am.
- Place them on the communion table at the front of the church before each service.
- Release people for communion.
- Clean up communion cups after service and other trash left behind, please place any bulletins in the Sacristy to be recycled.

##### **Set-up Crew**

**Need:** 2 people for the 8am service, if we are outside. Looking for people who can lift a little weight and can function in the morning.

**Purpose:** Help set up and tear down the sound equipment for the 8am outside worship service.

##### **Duties Include:**

- Set up and tear down the sound equipment and help set it up for the 8am outside service.
- Stow the gear in the worship closet.
- Be available at 7:15am for set up.



## July Birthdays

04	Geno Valet
05	Kay Park
08	Don Lynn
08	Brette Petway
21	Lana Suarez
25	Mike Sarles

## July Anniversaries

05	Clyde and Gloria Butler
07	Don and Barbara Lynn



# July Prayers

## OUR MEMBERS

Al-Banna Family H  
 Banks, Wanda H  
 Bassett, Wes H  
 Bennett, Bud & Barbara H  
 Casino Family G  
 Claytor, Jim H  
 Green, Wally & Shirlee H  
 Hernandez, Pat H  
 Horn, Cathy H  
 Lain, Diana H  
 Lim, Dolly H  
 Mangine, Bill H  
 Mangine, Steve H  
 Marcum, Bobbie & John H  
 Meess, Mary Margaret H  
 Moran Sr., Bryan U  
 Robbins, Paul H  
 Schoonover, Carol H  
 Smith, Betty H  
 Speevack, Peachie H  
 Stiehl, Paul H  
 Suarez, Jacqui U  
 Taylor, Jessie H  
 Terrell, Jerry H  
 VanDusen, Gloria H  
 Walker, Chuck & Phyllis H  
 Pastors and Missionaries

## RELATIVES OF MEMBERS

Astaire H  
*(Carla Tracy)*  
 Arbaugh, Noland H  
*(Jim & Val Peau)*  
 Beal, Amanda H  
*(Paul & Ruth Stiehl)*  
 Connor, Jimmy H  
*(Betty Mills)*  
 Dufrene, Armand U  
*(Carla Tracy)*  
 Mema Porotesano H  
*(Jim Peau)*  
 Jensen, Donny H  
*(Carol Jensen)*  
 Johnnie H  
*(Ruth Forrest)*  
 Jones, Rick H  
*(Rita Vernon)*  
 Kalahear, Cathy H  
*(Charlie Setters)*  
 Kelly, Pam H  
*(Scott Kelly)*  
 Kirkley, Laura and H  
 Kirkley, Jay & Lila H

Meador, Geof H  
*(Bob & Mellanie Meador)*  
 Meess, Ronald "Rocky" H  
*(Mary Margaret Meess)*  
 Melcolm, Reed H  
*(Peachie Speevack)*  
 Mitchell, Jeff H  
*(Bill & Cher Mitchell)*  
 Moon, Teari H  
*(Charlie Setters)*  
 Mullins, Tasha H  
*(Pam Mangine)*  
 Rasco, Suzanne & Austin H  
*(Ruth Stiehl)*  
 Shellenberger, Bob & Margaret H  
*(John Campbell)*  
 Daughter of H  
*(Sherise Mills)*  
 Terrell, Jay H  
*(Jerry Terrell)*

## FRIENDS OF MEMBERS

Baby Leo & Family H  
*(Nancy Broner)*  
 Caudle, Aubrey H  
*(Barbara & Don Lynn)*  
 Cobb, Mike & Phyllis H  
*(Don & Barbara Lynn)*  
 Crawford, Karen U  
*(Sherry Bevis)*  
 Dehm, Officer Denzel H  
*(Chief Ricky Pike)*  
 Dothard, Bernice H  
*(Church)*  
 Duncan, John H  
*(Barre Barrett)*  
 Elliott, Robert H  
*(John Campbell)*  
 Geiger, Rhonda H  
*(Don Lynn)*  
 Greene, Michael H  
*(Don & Barbara Lynn)*  
 Joe S. H  
*(Paul Robbins)*  
 Johnston, Jessie H  
*(Betty Smith)*  
 Joyce & Amy H  
*(Jan Wheeler)*  
*(Marge Medina)*

Krieger, Bill & Phyllis H  
*(Chuck & Phyllis Walker)*  
 Mackee, Ann H  
*(Paul & Ruth Stiehl)*  
 McCoy, Cameron U  
*(Sherry Bevis)*  
 Nay, David H  
*(Don Peters)*  
 O'Brien, Sherry U  
*(Marti Miller)*  
 Oglesbee, Diane U  
*(Marti Miller)*  
 Schultz, Logan H  
*(Barbara Lynn)*  
 Treadwell, Theresa H  
*(Tracy Antzaklis)*  
 Wald, Robert H  
*(Mary Margaret Meess)*  
 Young, Paul H  
*(Josh Mele)*

## FRIENDS IN NEED

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## PERSONAL PRAYERS

## OTHERS

- Relocated Members
- Medical staff & Medical support personnel
- Assisted living & Nursing home residents & staff
- First Coast Women's Services
- Educational System
- BEAM / Mission House
- Iglesia Evangelica Bethel
- Police, First Responders and their families
- Youth & Gang Violence
- Military & their families
- Persecuted Christians
- Racial Reconciliation
- Disaster Victims
- Isolation of Individuals
- End All Shootings
- War in Ukraine
- AA Meetings at our Church
- Atlantic Beach Classical Conversations Homeschool Co-op

Prayer Codes	
<b>G</b>	Grief
<b>J</b>	Job
<b>H</b>	Health Issues
<b>P</b>	Prison
<b>I</b>	Injury
<b>R</b>	Relationships
<b>T</b>	Travel
<b>U</b>	Unspoken

*Member relationships are shown in parenthesis*

## WEEKEND SCHEDULE

**SUNDAYS, 5:30 PM – 7:00 PM**  
**YOUTH GROUP 6th-12th**  
**KIDS K-5<sup>th</sup> (off for summer)**

## SUNDAY WORSHIP SCHEDULE

*Nursery is provided for infants-5 years. Please ask a greeter for assistance.*

*Children K-5<sup>th</sup> will be released during the service.*

**02 8:00 AM OUTDOOR WORSHIP (weather permitting)**  
*On the East Lawn - Bring your own chairs*  
**9:00 AM WORSHIP – In the Sanctuary / Live Online**  
**10:00 AM Bible Study Classes**  
**11:00 AM WORSHIP – In the Sanctuary / Live Online**

**09 8:00 AM OUTDOOR WORSHIP (weather permitting)**  
*On the East Lawn - Bring your own chairs*  
**9:00 AM WORSHIP – In the Sanctuary / Live Online**  
**10:00 AM Bible Study Classes**  
**11:00 AM WORSHIP – In the Sanctuary / Live Online**

**16 8:00 AM OUTDOOR WORSHIP (weather permitting)**  
*On the East Lawn - Bring your own chairs*  
**9:00 AM WORSHIP – In the Sanctuary / Live Online**  
**10:00 AM Bible Study Classes**  
**11:00 AM WORSHIP – In the Sanctuary / Live Online**

**23 8:00 AM OUTDOOR WORSHIP (weather permitting)**  
*On the East Lawn - Bring your own chairs*  
**9:00 AM WORSHIP – In the Sanctuary / Live Online**  
**10:00 AM Bible Study Classes**  
**11:00 AM WORSHIP – In the Sanctuary / Live Online**

**30 8:00 AM OUTDOOR WORSHIP (weather permitting)**  
*On the East Lawn - Bring your own chairs*  
**9:00 AM WORSHIP – In the Sanctuary / Live Online**  
**10:00 AM Bible Study Classes**  
**11:00 AM WORSHIP – In the Sanctuary / Live Online**

**Join Us Online from anywhere**

**WEBSITE**

[www.fc2b.org/LIVE](http://www.fc2b.org/LIVE)

**FACEBOOK**

**First Christian Church of the Beaches**

## MONTH OF JUNE

SUN	M	T	W	TH	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## JUNE ELDERS & DEACONS

### ELDERS

Brandy Hibbard  
 Jim Vernon  
 Ruth Stiehl

### SERVERS

Stoli Horvath  
 Barbara Lynn  
 Murray Trotta  
 Lana Suarez  
 Bill Popp  
 Carolyn Popp

**Worship  
 Times**

**8:00 am**

Outside – East Lawn  
 (Weather permitting)

**9:00 & 11:00 am**

In the Sanctuary  
 & Live online

**Join us for Sunday worship  
 no matter where you are**

We're online every  
 Sunday morning to  
 Celebrate the Gospel,  
 share God's word,  
 take Communion and  
 sing songs of praise  
 and worship!

**Visit us live on  
 Facebook and  
 at  
[fc2b.org/LIVE](http://fc2b.org/LIVE)**





